

# GRATITUDE

BEING THANKFUL & SHOWING  
APPRECIATION FOR THOSE IN OUR  
LIVES & FOR WHAT WE HAVE & RECEIVE.

SAY THANK YOU AS MUCH AS POSSIBLE.



"I WOULD MAINTAIN THAT THANKS  
ARE THE HIGHEST FORM OF  
THOUGHT; & THAT GRATITUDE  
IS HAPPINESS DOUBLED BY  
WONDER."

— G.K. CHESTERTON