Take time to prepare-

Set the tone—

Ease in.

Your first trimester. months to be sure. Teachers will help with this, but you can also always ask for clarification when in doubt.

GET INVOLVED.

Treasure your home days

and resist multi-tasking put technology down, don't schedule

Give yourself

A lot of it. You will fail, fall behind, forget something, overlook something, not fit it all in. You will NOT be a perfect SLOCA parent. The good news is you are in great company; none of us are!

grace.

Communicate

and seek help—

approach other parents, your

teachers or support staff when

you have questions, concerns, are struggling, have an issue, etc. Other parents are your very best resource in figuring out the SLOCA life.

JUST DO THE NEXT THING.

read out loud

Take advantage of our many resources-

Typs and Tricks

FOR NEW SLOCA PARENTS