

# Notes on Sketchnoting

- Source: <https://yourvisualjournal.com/how-to-sketchnote/>
- What are sketchnotes?
  - Sketchnotes are not about art at all. It's about the way you organize information on a page. The visual elements just help you process the information and make it way easier to review notes later. It's a way to "think on paper."
  - Sketchnotes are a visual way of capturing ideas on a page. They use words, boxes/clouds, arrows, and simple doodles to organize information.
- For self. Take the pressure off!
- The question almost always asked by beginners is: how do I know what to put on the page? Here is the extremely unsatisfying answer: You are going to guess.
- Sketchnotes aren't a transcription. There is no way to capture every single word—and you don't want to.
- Sketchnotes are a way to help you focus and they build a memory prompt to spark the big ideas when you review them later. With that in mind, capture whatever seems significant and ignore the rest.
- 1. Put a headline on the page.
  - Make it pop: bigger, caps, underline, box it - up to you!
- 2. Write something, then draw a box or a cloud around it.
- 3. Go for it with stick figures.
  - A circle and 5 lines isn't supposed to look like an actual person. It's just supposed to be a symbol that represents a person.
- 4. Give your page personality with borders and dividers.
- 5. If you don't know how to doodle something, look it up on TheNounProject.com.
  - And while it's easy to doodle a flower or a sun, some concepts are harder. Like, how do you doodle "communication"? Or "friendship"? Luckily, theNounProject.com has icons for everything! Graphic designers use The Noun Project as a graphic marketplace, but you can use it for free to see how simple shapes represent an object or idea.

